

INFORMATION NOTE FOR PARTICIPANTS

Meeting of the Management Board HBM4EU project 12 March 2020, Prague, Czech Republic

Meeting venue

The full-day meeting takes place at the Ministry of the Environment of the Czech Republic in the Praha - Vršovice district, Czech Republic.

Date: 12 March 2020, full day, registration starts 8.30 am, expected end of the meeting will be communicated by the HBM4EU coordinator.

Venue: Ministry of the Environment of the Czech Republic, room 447, Czech Republic.

Address:

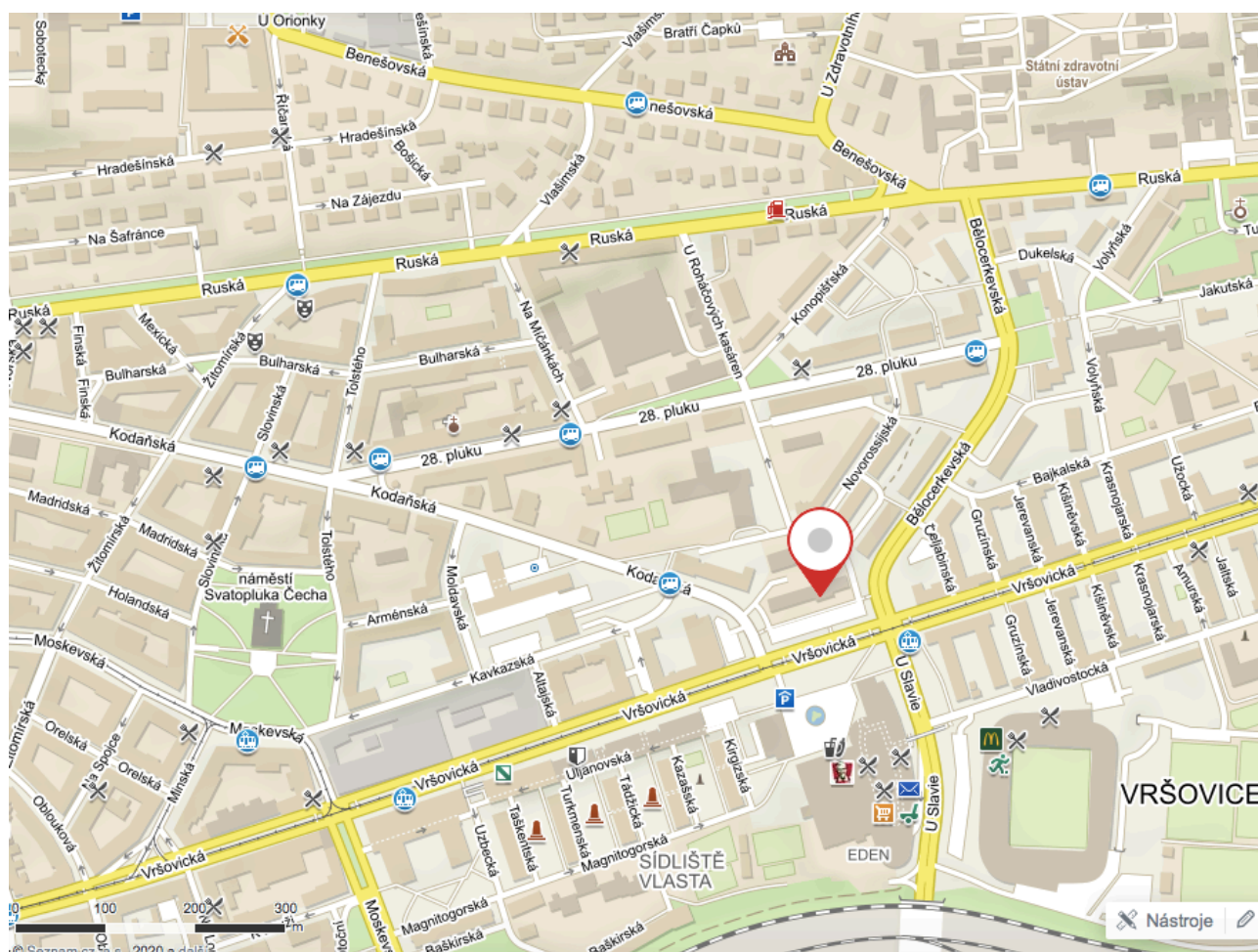
Ministry of the Environment of the Czech Republic

Vršovická 1442/65

Praha 10, 100 10

Česká republika

www.mzp.cz



Note - if someone travels by car

Meeting venue coordinates: 50.0694597N, 14.4678936E (WGS84)

Parking: Onsite - very limited amount of parking spaces, in the Eden Shopping mall opposite the ministry a large underground car park (paid) - **40 CZK/hour**.

How to reach the meeting venue from the airport

Taxi:

It's a 45-60 minutes taxi ride (depending on a traffic) and it costs around 1200 CZK (about 40-50 EUR). Please consider also Bolt, Uber or Liftago, they offer better prices and there are many. If you have an application on your mobile phone, it is really recommended.

From the airport by public transport:

You can take the bus line No. 119 from the airport terminals 1 or 2 (ground/arrival level) to the 119 terminus station at "Metro Veleslavin". There change to metro line A and travel to "Zelivskeho" station (direction Depo Hostivar, 11 stations), then change for bus at the terminus station of the lines and take 135, 136, 150 or 213 to bus stop "Slavia".

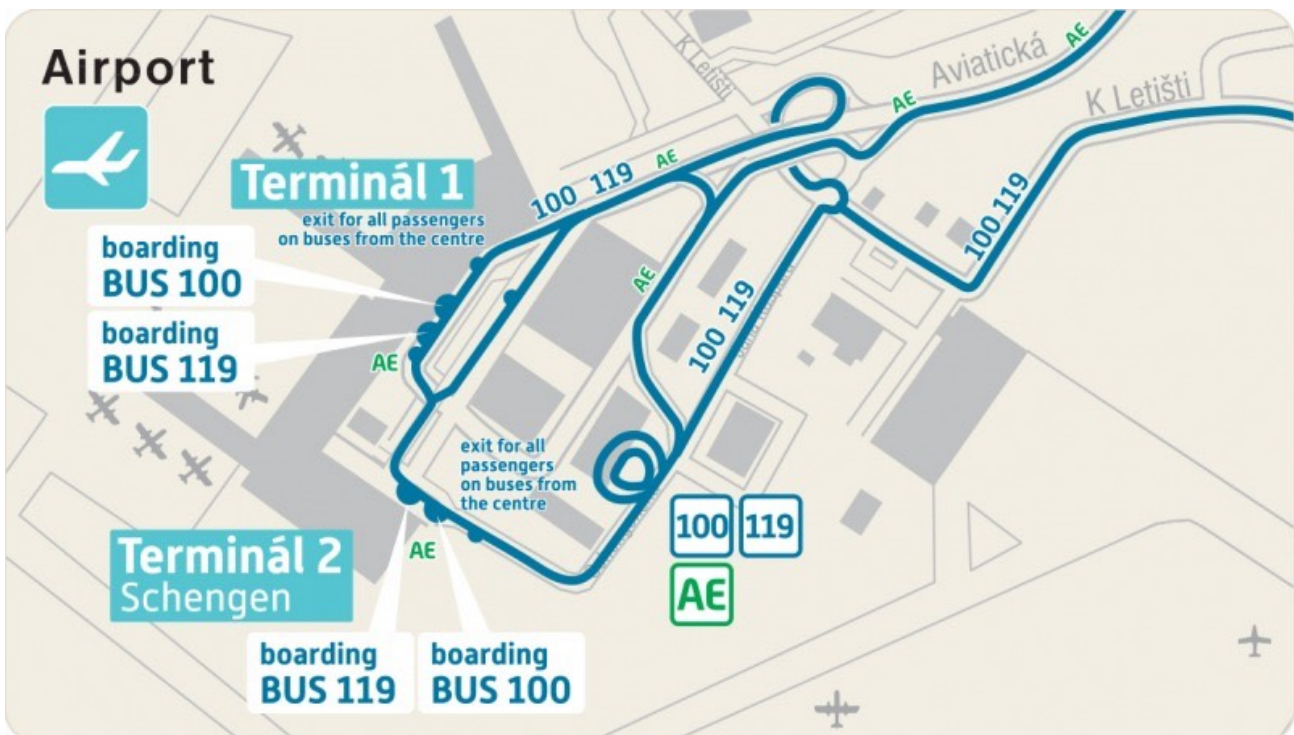
From there you need to walk 1 minute back to the traffic lights and cross the street to reach the large grey building with red windows opposite. - the MoE headquarters.

Journey will take about 50 minutes and costs 32 CZK (about 1.3 EUR).

The ticket for public transport costs 32 CZK (90 minutes ride) and it is changeable (bus, metro, tramway, train - S lines only, funicular). Tickets can be purchased in the information booths of the Prague Public Transport Company at the airport in the arrival hall between 7 am and 9 pm. They sell individual tickets for 30 or 90 minutes or for 24 or 72 hours and the Prague Card)

Further information about using the Prague public transport please see below (in Miscellaneous).

Prague Airport bus stops



Meeting organization/logistics

The meeting will be held from 9:00 till 17:00 or later (will be specified by the HBM4EU coordinator).

Participants are invited to register for the meeting between 8:30 and 9:00.

There will be two coffee breaks and a light lunch provided at the venue for all meeting participants. Please note that if there are dietary restrictions or allergies, please inform us via the [online registration form](#) as soon as possible.

Language

The meeting will be conducted in English.

Meeting Documents

The documents will be shared in separate e-mails by the HBM4EU coordinator.

Social Event

The National centre on toxic compounds would like to invite you to a traditional Czech restaurant with the Czech cuisine and traditional beverages in the evening of 12 March 2020. Expected start of the event: 19.00 until 23:00. The venue and timing will be communicated to registered participants in a separate e-mail in early March.

Contact details of local organizer:

Ms. Kateřina Šebková, Ph.D. (Katka)
Director of the National Centre for Toxic Compounds and of the
Stockholm Convention Regional Centre in the Czech Republic
RECETOX
Faculty of Science, Masaryk University
Kamenice 753/5
625 00 Brno
Czech Republic

Tel: (+420) 604 683 512

E-mail: katerina.sebkova@recetox.muni.cz

MISCELLANEOUS

Contains recommendations on accommodations, using public transport, some eating out tips and several practical information that may come in handy for your stay. We look forward to hosting you in the Czech Republic!

Accommodation recommendations

Here are recommendations from the meeting organizers for accommodations close to the meeting venue (name contains link to the website):

[Hotel IRIS eden](#), 4 stars, (within three minutes walking distance to the meeting venue at MoE, at the Slavia station, at the football stadium)

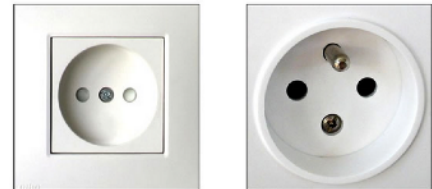
[Hotel Praha Wilson](#), 4-5 stars, (at the top of the Wenceslas square, on metro line A, travel time to the meeting venue about 25 minutes by metro and bus)

[Residence Downtown Mamaison](#): 4*, recently open, competitive prices, near tram No. 22 stop Stepanska (direct travel to MoE within 20 minutes)

We would recommend to contact the hotel directly, but IRIS is available also on hotel search engines and they may have other prices.

Electricity

Electrical sockets (outlets) in the Czech Republic usually supply electricity at between 220 and 240 volts AC, and electrical frequency of 50 Hz. The sockets are type C (left), European and E (right photo), French style.



Time zone

The Czech Republic is on Central European Standard Time (GMT+1) .

Currency

The currency in Czech Republic is the Czech Koruna (CZK), Kč.

The exchange rate is approximately 1 Euro = 25 CZK and 1 USD = 22.8 CZK as of 10 February 2020. See the most recent exchange rate at www.kolik.cz

Banknotes and coins used in the Czech Republic are shown here:

http://www.cnb.cz/en/banknotes_coins/banknotes/

http://www.cnb.cz/en/banknotes_coins/coins/

Weather and daylight

Prague in March sees a turn in the weather, it will steadily get warmer. It can eventually be freezing but there will not be the intense minus 10 C periods anymore but along with the increase in temperature it will become slightly wetter and more windy. With an average temperature of 12 degrees C and bring your umbrella or rainproof jacket. Daytime temperatures can be anything between 5 and 23 degrees Celsius so check your 10 day weather forecast to see what's coming. However if you are outside in the sun you can still expect a fresh wind and evenings will be cold so

you might be able to get away with a jumper and a light jacket.

Spring is coming and between 10 and 15 March 2020 the sun in Prague rises around 06:20 and sets around 18:00, there are about 11 hours and 45 minutes of daylight.

Traveling around Prague – using public transport

Prague has one of the best public transportation systems in Europe operated by Prague Public Transport Company (DPP). It is easy, reliable and affordable, frequent, punctual, clean and safe. The metro, trams and buses cover the majority of the city and outskirts. The network is quite busy and carries almost 3 million passengers daily.

The different types of transport are very well integrated. Everything is logically laid out and clearly signed making the system very easy to understand. On-board displays and announcements on metro trains, trams and buses make missing a required stop very unlikely.

However, be aware that on the trams and buses the name of the next stop is announced together with the current stop which might be a bit misleading especially for those who don't understand Czech. On the metro, the next stop is announced after the doors are closed and the trains is on its way so it is more clear. Current stop is announced just with its name. The next stop is announced as "Příští zastávka - Staroměstská" that means "Next stop - Staroměstská". The announcements are automatic and recorded by professional speakers, so they are clear and as easy to understand as possible.

The public transport operates between 5 am and midnight, but there are also special night lines (buses and trams only).

Scheme of the network is here: https://czech-transport.com/images/airport_schem.pdf

If you are on-line then use this engine for finding your way and Prague Public Transport website (English version) <http://spojeni.dpp.cz/ConnForm.aspx?tt=PID&cl=E5>

Metro lines

The Prague Metro network consists of three lines designated by letters and represented by colour:

- Green Line A (Nemocnice Motol - Depo Hostivař)
- Yellow Line B (Zličín - Černý Most)
- Red Line C (Letňany - Háje)

Line A is the most popular with tourists as it serves Prague Castle (Malostranska), The Old Town (Staromestska), Wenceslas Square (Mustek, Muzeum) as well as connecting with bus 119 to/from the airport at Nadrazi Veleslavin. You can transfer between lines at Můstek station (lines A and B), Muzeum station (lines A and C) and Florenc station (lines B and C).

Tickets

- 24 Kč - Valid for 30 minutes on metro, tram, bus, night lines and funicular railway. Transfers allowed.
- 32 Kč - Valid for 90 minutes on metro, tram, bus and funicular railway. Transfers allowed.
- 110 Kč - Valid for 24 hours on metro, tram, bus and funicular railway. Transfers allowed. Luggage included.
- 310 Kč - Valid for 72 hours on metro, tram, bus and funicular railway. Transfers allowed. Luggage included.

please note that senior over 70 years of age can travel for free on Prague public transport (age must be proved with a EU identity card, permanent residence permit, a passport or a proof of special fare entitlement for seniors of over 70).

Tickets are sold in the DPP information booths, automatic machines at the stations of trams, buses or in the entrance of the metro stations, but also in any tobacco store, and in some hotels. There is also an SMS option, but there is an obligation to have a CZECH SIM card only. Please note that NH hotel reception also sells tickets.

Important!!! Validation and Inspection

All tickets must be “validated” which means that they must be inserted into the yellow stamping machine inside trams and buses or at the metro stations when **first used**. Tickets **MUST NOT** be re-stamped when transferring services or starting a new journey within the validity period (another stamp on the same ticket, would make the tickets invalid). The tickets are to be stamped in the direction of the arrow printed on them.

Plain Clothes Ticket inspectors, identified by an official badge and a special identification card they have to show on request, regularly check passengers and are authorised to fine a passenger without a valid ticket up to 1500Kč (reduced to 800Kč if paid on the spot) so the passenger must carry the ticket at all times. Please note that ticket inspections are quite frequent.

Eating out in Prague

Traditional Czech cuisine is not the healthiest in the world, as it can be a bit heavy for some visitors (forget about your diet here!); however it goes perfectly with the most popular Czech drink – beer!

Avoid tourist oriented restaurants in the Old Town Square, Wenceslas Square or near the Prague Castle, as they are unreasonably overpriced. It is not that difficult to find “hidden” restaurants where locals like to go and where you will not spend a fortune. These “local hot spots” can be found right in the center of Prague.

There are many traditional pubs that offer Czech dishes as well as restaurants offering international cuisine, neat bars, cozy cafés or simple fast food and sausage stands just waiting for you to give them a try!

Some recommendations (In addition to good Czech food, they usually serve tank beer (often, unpasteurized), making the Czech beer drinking experience all the more enjoyable.)

Lokál: One of the newer additions to the Ambiente Restaurant empire. This place serves up quality Czech food at reasonable prices. *Address:* [Lokál](#), Dlouhá 33, Prague 1.

Bredovsky Dvur: Just a block away from popular Wenceslas Square, but with a different feel from the high-traffic tourist areas. Try to go during lunch as there are inexpensive lunch menus and you’ll be enjoying your meal with locals on their lunch break. *Address:* [Bredovsky Dvur](#), Politických vězňů 13 (parallel street to Wenceslas Square), Prague 1

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[Na Verandach](#): This restaurant is right at the Staropramen brewery, so you know the beer is fresh. Hearty food, too. *Address:* [Na Verandach](#), Nadrazni 84, Prague 5 (Smichov)

[Olympia](#): Nice Czech pub serving both Czech and continental specialties. *Address:* [Olympia Kolkovna](#), Vítězná 7, Praha 1 (Ujezd)

[Pivovarsky Klub](#): Features hundreds of beers (Czech and international) on the menu. Ask the waiter for advice if you get paralyzed on what to order. This place also has good and reasonably priced Czech food, too.

Address: [Pivovarsky Klub](#), Krizikova 17, Praha 8 – Karlín

[Kavárna Mlýnská](#): This isn't so much a pub as it is a mill that has been turned into a café near Kampa Park. It's quite close to the touristy areas, but is a local place that serves wonderful unfiltered Bernard beer.

Address: Všešrdova 449, Prague 1

...and one thing that you will see sold in many places around Prague is trdelník.

Trdelník – a soft dough in a cylinder form with cinnamon and sugar- or stuffed with ice-cream and chocolate or fruits and cream. There really is nothing like it in the world (and they seemed to be on every street corner in Prague now!). While they are advertised as “traditional Czech pastry”, it is not necessarily true, they seem to have home somewhere in the Balkans and they were introduced in Prague by early 2005. But they ARE TASTY.

What to buy?

In case you are looking for some tips, what to bring home - there is abundance of high-quality handicrafts to get all your gift buying done in Prague. Of course, there are plenty of generic mugs, magnets and kitsch items on display which could make a nice present, but for an authentic Prague souvenir you really can't go wrong with Marionettes, Becherovka Herbal Liqueur or Bohemian Glass.

ENJOY YOUR STAY!